

MENDOCINO

Mystical Seaside Artist Community



A "Mendocino Moment" during the July 4th parade. Mendocino residents are feisty and spirited about their independence and freedom.

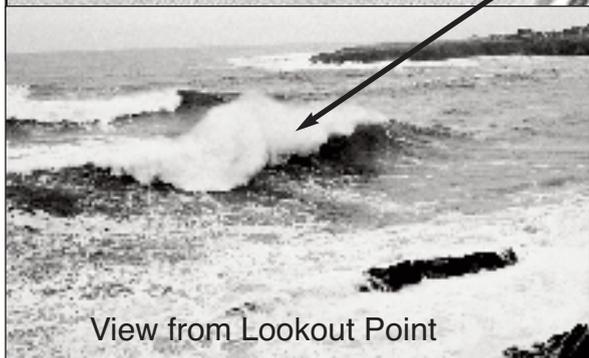
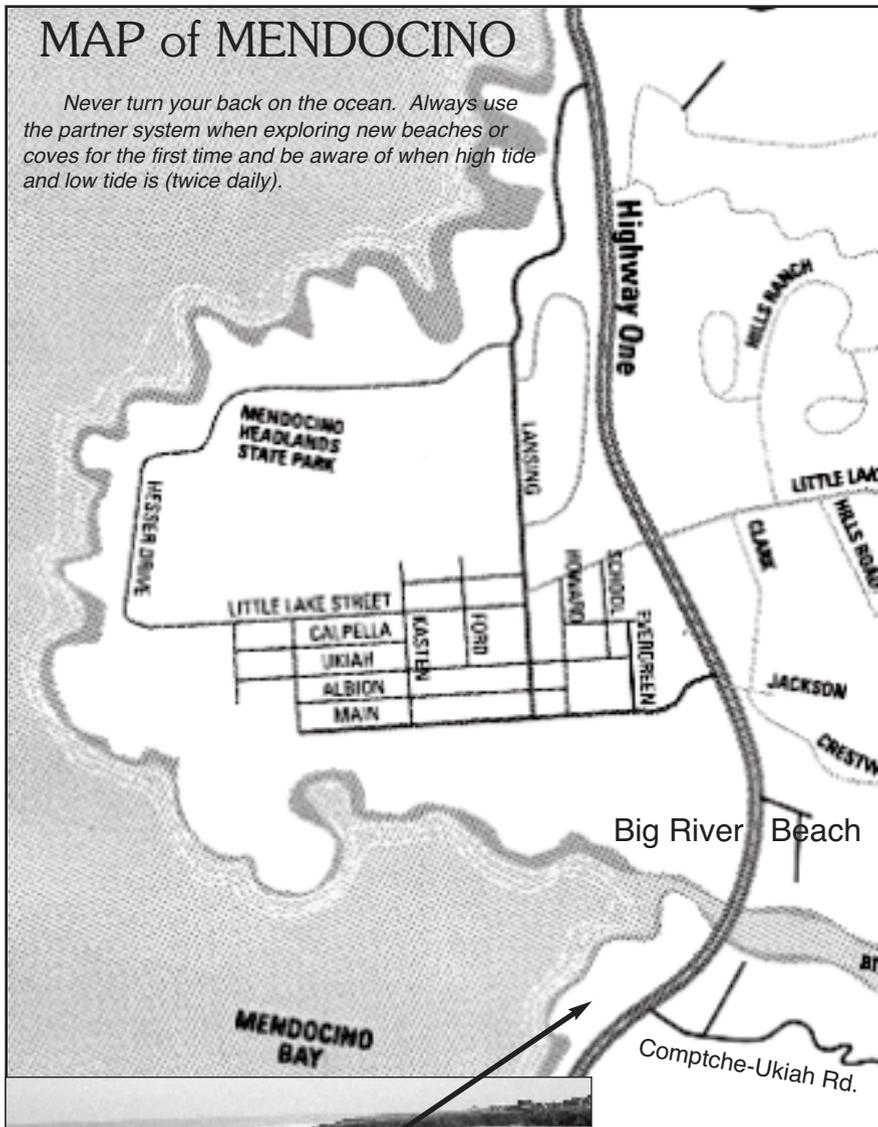


Photo © Gisela Linder www.northcoastartists.org

MENDOCINO: A 20 foot wave rolls into Mendocino Bay. The historic town of Mendocino, built in 1870, is set atop ancient headlands riddled with mysterious sea caves and grottos. The creative entrepreneurs of Mendocino await your visit. Use the gift of your six senses.

MAP of MENDOCINO

Never turn your back on the ocean. Always use the partner system when exploring new beaches or coves for the first time and be aware of when high tide and low tide is (twice daily).



View from Lookout Point

You never know when sleeper waves will come in. They usually come in sets of three. The first one hits you and pulls you out, the second one pulls you or your pet under.

66 Mendocino Coast *Route 1/Mendocino*



*Mendocino Presbyterian Church is gorgeous inside.
See: www.mendocpres.com*

MENDOCINO DINER'S CHOICE:

Telephone Area Code is (707)

Bay View Cafe (\$-\$) 45040 Main St. 937-4197; **Cafe Beaujolais** (\$\$) 961 Ukiah St. 937-5614; **Dick's Place** (\$) 45080 Main St. 937-5643; **Garden Bakery of Mendocino** (\$-\$) 410450 Lansing St. 937-3140; **Lu's Kitchen** (\$-\$) 45013 Ukiah 937-4939; **Mac Callum House Grey Whale Bar & Restaurant** (\$-\$) 45020 Albion 937-5763; **Mendocino Cafe** (\$-\$) 10451 Lansing 937-2422 / 937-6141; **Mendocino Hotel** (\$-\$-\$) 45080 Main St. 937-0511 / (800) 548-0513 (CA); **Moody's Internet Coffee Cafe** (\$) 10450 Lansing St. 937-4843; **Moose Cafe** (\$-\$) 390 Kasten St. 937-4323; **955 Ukiah St.** (\$-\$) 955 Ukiah 937-1955; **Patterson's Pub** (\$-\$) 10485 Lansing 937-4782; **Ravens** (\$) Hwy 1 & Comptche-Ukiah Rd. 937-5638 / 937-5615; **Rick's Lounge** (\$-\$) 10701 Palette Dr. 937-0577; **Sharon's by the Sea - Mendocino** (\$\$) 10701 Palette Dr. 937-3200; **Tote Fete** (\$-\$) 10450 Lansing 937-3383.

MENDOCINO LODGING:

Alegria Inn (\$-\$-\$) 44781 Main St. 937-5150; **Agate Cove Inn** (\$-\$-\$) 11201 Lansing St. 937-0551; **Annie's Jughandle Beach B&B Inn** (\$-\$-\$) 32980 Gibney Lane @ Hwy 1, Fort Bragg 964-1415; **Auberge Mendocino** (\$-\$-\$) 8200 N. Hwy 1 937-0088; **Blair House** (\$-\$-\$) 45110 Little Lake 937-2217; **Blue Heron Inn** (\$-\$-\$) 390 Kasten 937-4323; **Brewery Gulch Inn** (\$-\$-\$) 9401 N. Hwy 1, 937-4752; **Headland's Inn** (\$-\$-\$) Corner Howard & Albion, 937-4431; **Hill House** (\$-\$-\$) 45270 Main St. 937-2217; **John Dougherty House** (\$-\$-\$) 571 Ukiah, 937-5266; **Joshua-Grindle Inn** (\$-\$-\$) 44800 Little Lake Rd. 937-4143; **Larkin Cottage** (\$-\$-\$) 44950 Larkin Rd. 937-2567; **Mac Callum House** (\$-\$-\$) 45020 Albion 937-0289; **McElroy's Lodging House** (\$\$) 998 Main St. 937-1734; **Mendocino Hotel** (\$-\$-\$) 45080 Main St. 937-0511 / (800) 548-0513 (CA); **Mendocino Seaside Cottages** (\$-\$-\$) 1050 Wallace Dr., 1-800-94HEART; **Mendocino Village Cottages** (\$-\$) Box 1295, Mendocino 95460, 937-0866; **Mendocino Village Inn** (\$-\$-\$) 44860 Main St. 937-0246; **Packard House** (\$-\$-\$) 45170 Little Lake, 937-2677; **Sea Gull Inn** (\$-\$) 44960 Albion St., 937-5204; **Sea Rock** (\$-\$-\$) 11101 Lansing St., 937-0926; **Stanford Inn by the Sea** (\$-\$-\$) Hwy 1 & Comptche-Ukiah Rd. 937-5638 / 937-5615; **Sweetwater Spa & Inn** (\$-\$-\$) 44840 Main St. 937-4076 (INN), 937-4140 (SPA); **Whitegate Inn** (\$-\$-\$) 45270 Main St. 937-4892;

ALBION & LITTLE RIVER DINER'S CHOICE:

Albion River Flats Cafe (\$) 937-0606; **Albion River Inn** (\$-\$-\$) 3790 N. Hwy 1, Albion, CA. 95410 937-1919; **Edge of the Earth** (\$\$) 7750 N. Hwy 1, Little River, CA. 95456 937-1970; **Heritage House** (\$-\$-\$) 5200 N. Hwy 1, Little River, CA. 95456 937-5885; **Ledford House** (\$\$) 3500 N. Hwy 1, Albion, 937-0282; **Little River Inn** (\$-\$-\$) Hwy 1, Little River, CA 95456 937-5942; **Stevenswood Restaurant** (\$-\$-\$) 8211 N. Hwy 1 937-2810.

Route 1/Mendocino**Mendocino Coast 67****ALBION & LITTLE RIVER LODGING:****Albion River Flats Cafe & Campground** (\$\$)937-0606; **Albion River Inn** (\$-\$-\$-\$) 3790 N.

Hwy 1, Albion, CA. 95410 (800) 479-7944;

Auberge Mendocino (\$-\$-\$-\$) 8200 N. Hwy1, Little River 937-0088; **Blanchard House**

(\$\$) 8141 N. Hwy 1, Little River, 937-1627

www.blanchardhouse.com ; **Dennen's****Victorian Farmhouse Inn** (\$\$) 7001 N. Hwy1, Little River, 937-0697; **Fensalden** (\$\$\$)

P.O. Box 99, Albion, CA 95410 1-800-959-

3850; **Glendeven Inn** (\$-\$-\$-\$) Hwy 1, Little River 937-0083; **Inn at****Schoolhouse Creek** (\$\$) 7051 N. Hwy 1, Little River, CA. 95456 937-5525;**Heritage House** (\$-\$-\$-\$) 5200 N. Hwy 1, Little River, CA. 95456 800-235-5885; **Little River Inn** (\$-\$-\$-\$) Hwy 1, Little River, CA 95456 937-5942;**Pacific Mist Bungalows** (\$\$) Hwy 1, Little River 1-800-955-MIST (6478) ;**S.S. Seafoam Lodge** (\$\$) Hwy. 1, 3/4 mile south of Little River, 937-1827;**Stevenswood Restaurant** (\$-\$-\$-\$) 8211 N. Hwy 1 937-2810; **Van Damme****State Park** (\$) P.O. Box 440, Mendocino, CA 95460 937-5804.**INTERNET ACCESS****Besides your local Motel or Bed & Breakfast try:****Community Coffee Co.**

10450 Lansing 937-4843

Open daily 7am-6pm

Mendocino City Library

10591 Williams, 937-5773

Open Tues-Sat 9am-5pm

GENERAL STORES:**Albion Grocery** (\$-\$) Box 280, Base of Albion Ridge, Albion, CA. 95468937-5784 **Corner's of the Mouth** (\$) 45015 Ukiah St., Mendocino 937-5345;**Little River Market** (\$) 7746 Hwy 1, Little River, CA. 937-5133; **Mendocino****Market** (\$) 45051 Ukiah St., Mendocino 937-FISH, **Mendosa's** (\$) 45051

Ukiah St., 937-5879

GALLERIES and GIFT SHOPS See Gallery Listings on Page 85.**Amerind Bay Clothing Co.**

(\$-\$-\$) 45050 Main St. 937-

3434; **Coastside Gallery** (-

\$\$\$) 10540 Lansing 937-

4960; **Fittings for Home****& Garden** (\$-\$-\$) 45050Main, 937-0160; **Golden****Goose** (\$-\$-\$) Main St. 937-4655; **Hidden Treasure's &****Mendocino T-Shirt Shop** (-

\$\$) 45041 Albion St., 937-

3800; **Indulgence** (\$-\$-\$)

45104 Mains St., 937-3610;

Inner Sanctum Gallery (-

\$\$\$) Lansing & Little Lake

937-1217; **Lark in the****Morning** (\$-\$-\$) Musical Instruments 45101 Ukiah 937-0181; **Ocean Quilts**(\$-\$-\$) 45270 Main St. 937-4201; **Old Gold** (\$\$\$) 6 Albion St. 937-5005 /800-992-5335; **Rubaiyat** (\$-\$-\$) 10550 Lansing, 937-1217; **Parade** (\$-\$)45021 Little Lake, Parade@mcn.org Retro - Vintage & Mod; **Silver & Stone**(\$-\$-\$) 45005 Ukiah St. 937-0257; **Twist** (\$-\$-\$) 45140 Main St. 937-1717;**Two Visions Photography** (\$-\$-\$) 45104 Main St. 937-3898; **Visage** (-

\$\$\$) 45064 Ukiah 937-2602.



Demando Cat One of the fine art prints created by Jeff Leedy who owns Art That Makes You Laugh Gallery in Mendocino See www.leedyart.com

68 Mendocino Coast**Route 1/Mendocino****MOODY'S INTERNET CAFE**

Two of your favorites await at Moody's Coffee and Internet Cafe. The Younger family has served Mendocino's earliest in the morning cup of coffee for over 21 years. Moody's Organic Coffee Bar boasts five public computers for accessing the Internet. The latest in Wireless technology is also available for those who bring their laptop. computer. Known for the friendliest service in town, Moodys serves up a "Great Cup of Joe for Folks on the Go" - thats the motto of Adams Organic Coffees, their exclusive coffee roaster. Moodys and Adams Organic both contribute to environmental, social action

and peace groups. Its coffee with a conscience!! You'll also find organic treats such as: scones, bagels, toast, whole fruits, cheeses, granolas and soup. Indulge in fresh squeezed orange juice or an organic cappuccino with a oceanview.

\$\$\$ MOODY'S COFFEE & INTERNET CAFE

Open 5:30am - 8pm daily www.moodyscoffeebar.com (707) 937-4843

TOURIST INFO, BOOKSTORES and COPY SHOPS

Gallery Bookshop & Bookwinkle's (\$-\$) General Interest & Children's Bookstore, Box 270, Corner Main & Kasten, www.gallerybooks.com 937 BOOK (2665); **Mendocino Gift Company** (See the gallery of cat & dog pictures) 321 Kasten, 937-5298; **Mendocino County Library** 10591 Williams, 937-5773. **Zoe Office Supply** Fax: 707-937-2631/2200, 45021 Little Lake

Art by Eduardo Smisse 99

**MOORE USED BOOKS Sell-Buy-Search**

A fun and possibly important bookstore for you to visit is Moore Used Bookstore at the Main Street entrance to Mendocino next to Sweetwater Garden's Spa. Two stories of over 10,000 gently used books in an old salt box home with an oceanview; plus easy walking distance to an organic mocha, makes Moore's even more attractive. Some call Moore Used Books the "best used bookstore in northern California" and others claim it should be renamed "Mendocino Lights" (after SF's City Lights bookstore). Could this eccentric collection of titles be the work of a cryptic collector, a medical intuitive or brilliant literary gardener - or maybe all three - you decide after a visit. Categories include classics, mystery and thriller, romance, contemporary fiction, children, sci-fi, conspiracy theory & politics, comic books, do-it-yourself & cookbooks, sustainable living, spiritual, history, westerns, youth, literature, health, relationships, CD's and videos. Moore Used Books is open everyday except holidays. Browsers are always welcome and unusual books on uncommon subjects by obscure authors are purchased. Fringe and used book searches can be completed by owner Carl Moore.

\$\$\$\$ MOORE USED BOOKSTORE 990 Main Street, Mendocino 95460
Gently Used Books Cash, approved or travelers checks (707) 937-1537

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HEALING ARTS & TRANSFORMATION See Page 226

FARMER'S MARKETS and NURSERIES

Mendocino Farmer's Market: (\$) Spring thru Fall Friday noon to 2pm of downtown / Main & Howard St. walts@mcn.org **www.mcfarm.org** 937-3632 (\$-\$\$) **Mendocino Garden Shop** 10551 Kasten, 937-3459.

WINE SHOPS and WINE TASTING

Mendocino Wine Co. (\$-\$\$) 45070 Main, 937-6190; **Wine Shop** (\$-\$\$\$) 45050 Main St., 937-2297; **Village Spirits** (\$) 10546 Lansing St. 937-5873.

TOWING and GENERAL AUTO REPAIR Walker's Towing AAA-24

Hour Towing 44901 Main Street, Mendocino 937-3040

KWAN D TI TEMPLE

It is a romantic tale of adventure, shrouded in mystery and lacking in factual detail. Seven or eight junks left China in the early 1850's with crew members inspired by news of California's gold rush. They braved the Pacific to reach Jinshan, the Mountain of Gold, their name for San Francisco or California. Only two of the boats survived - one landing at Monterey and the other at Caspar Beach. The descendants of this voyage, the Celestials, worshipped the sun, moon and stars. The Kwan D Ti Temple in Mendocino was established by the Hee family in 1851 and restored in 1980. It is dedicated

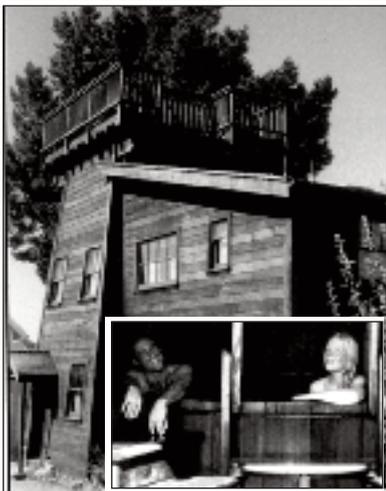


to commerce, fidelity, war, justice and poetry. For information (707) 937-5123.

It takes a Village
 Thank you to all who participated in our first meeting.

I pray you will take time to contribute to Mendocino Coast Homeless Project. Send donations to **VILLAGE COUNCIL** P.O. Box 105 Mendocino, CA 95460

Photo by Heather Brown Department of Imagination www.larryspring.com

70 Mendocino Coast**Route 1/Mendocino****SWEETWATER GARDENS**

Relaxation and rejuvenation await you in Mendocino at the Sweetwater Gardens Health Spa. Overnight accommodations from \$70/2 (pet friendly) and vacation homes (all with hot tubs) from \$225/2 are available including luxury oceanview suites, and choice of 3 romantic water tower rooms from \$110-\$200. Sweethearts never had it so good with expert masseuse's and body-workers on staff, nutritious herb teas and light snacks in the lobby, and choice of private or public hot tub and sauna rooms in this historic setting.

Commitment to a spirited healing of tired and stressed body's is the key to the success of Sweetwater Gardens. The

owners are expert body worker and yoga teacher John Fließsbach and Hank Mc Cusker and their talented staff of professional body workers. They can gently, but firmly massage knotted muscles revealing stress blocks and the secret unconscious life of the mind/body relationship will be revealed. Breakthroughs in well-being are made at Sweetwater - facial expressions are transformed into pure joy as clients respond to the comfort and knowingness that they have the ability to heal themselves. Both subtle physical and mental impairments can be realized as skillful masseuse's read your body like a road map leading to renewed vitality and with continued treatment - long term health. Don't forget that Sweetwater Gardens is surrounded by the supportive natural environment of beautiful gardens, crystal clear air, oceanviews and caring hands and hearts.

\$\$\$ SWEETWATER GARDENS HEALTH SPA Box 337, 955 Ukiah Health Retreat, Hot Tubs, Sauna & Massage Mendocino, CA. 95460 Open Mon - Thur. 2pm to 10pm / Fri & Sat noon to 11pm 937-4140 Res.

**Mc ELROY'S COTTAGE INN**

Located in the heart of Mendocino with easy walks to beach trails, restaurants and shopping; the Inn offers 5 spacious and comfortable rooms at reasonable rates (from \$69.00 to \$115.00). It sits on a lovely garden and offers ocean views. This Bed and Breakfast is family operated: children of all ages and pets are welcome; an extended continental breakfast is served every morning. Your home away from

home, the Mc Elroy's Inn is "a beautiful place to feed the soul and mind".

\$\$ Mc ELROY'S COTTAGE INN Box 1881, 998 Main St., Mendocino, Rooms and Suites www.mcelroysinn.com CA. 95460 (707) 937-1734 Res. Fax: (309) 214-1393 Toll Free: 1-888-237-0152

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BAY VIEW CAFE

Known as the Mendocino restaurant with the best view in town from which to whale watch, the Bay View Cafe is often packed on weekends for lunch and dinner. The Bay View Cafe offers indoor and outdoor seating overlooking main street Mendocino, the headlands and moody bay. It is an ideal setting for romantics on vacation who have followed the sun to the Pacific horizon to linger into the evening.



The Bay View Cafe at 45040 Main Street (707) 937-4197



HIGHLIGHT GALLERY

The afternoon light reflected off Mendocino Bay and into the front picture windows of the Highlight Gallery vividly illuminates one of the most exquisite art collections on the West Coast. Not only is the Highlight Mendocino's largest gallery, but a pioneer in exhibiting woodworking as a art form. Artist / Founder Clyde Jones and owner Sharon Peterson point out that "we represent

200 artists; 80% from northern California and many from the Mendocino area." Its rare to find such a tiny community with so much creativity. The guiding force at Highlight Gallery reaches down obscure back roads to the studios of some of the countries finest emerging artists to showcase their works in a ongoing series of exhibits.

Everything in the entire gallery is hand made in America. Here "high touch rather than high tech" is the theme. Experienced collectors know that truly fine art forms really touch the subconscious mind and fire the emotions. I have seen the enchanted stares of visitors caught up in the gallery's exhibits of jewelry, ceramics, textiles, blown glass, paintings, wood and bronze sculptures. Highlight Gallery is well known for the quality of its hand crafted fine furniture fashioned of woods collected from around the world. Perhaps most important, a visit to the Highlight Gallery is a opportunity to buy gifts that last a lifetime.

\$\$\$ HIGHLIGHT GALLERY Box 1515, 45052 Main St., Mendocino, CA.
Open 10am - 5pm daily www.thehighlightgallery.com (707) 937-3132 Info.

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THE ELEGANT MENDOCINO HOTEL OFFERS COMFORT FOOD, WARM and AFFORDABLE ACCOMMODATIONS FOR FAMILIES and PETS, OCEANVIEWS and is ECO FRIENDLY



Warm rooms and suites, gardens, fresh seafood, poultry, steaks, vegetarian entrees, daily specials, sumptuous desserts, wine, champagne, beer, espresso and a Victorian full bar and fireplaces nurture the guests.



MENDOCINO HOTEL

The historic Mendocino Hotel which is located off Highway 1 on Main Street faces Mendocino Bay and Big River. The crashing surf is but a short stroll through the meadows to the edge of Mendocino Headlands, where guests can view isolated coves & rocky outcroppings. The spacious waiting room is furnished with a



large fireplace and overstuffed antique sofas and chairs. In the lobby bar you can sit at semi-private tables for two to six people or drink at the stand up bar with its huge overhead stained glass valance. You can dine in the formal dining room or more casual sunlit garden room with its long bar.

The dining room serves in season wild salmon, fish n chips, choice cut steaks, poultry, and vegetarian entrees for lunch and dinner. For breakfast there is classic eggs benedict with in-house made hollandaise sauce, eggs any style with country potatoes, bacon and sausage or French toast with fresh fruit and oatmeal. Favorite luncheon items are the wedge of lettuce smothered in heirloom tomatoes, blue cheese and bacon bits, a bowl of the hotel's original clam chowder and the bacon-avocado cheese burger with sweet potato fries. Try the Chocolate mousse or olallieberry dessert - puff pastry smothered with vanilla ice cream and hot olallieberries. The full bars serve all manner of drinks, premium wines, champagne, imported and craft beers.

There are 26 rooms upstairs in the Hotel (\$129 - \$309/2 weekdays \$365 weekends) and to the north the 1852 Heeser House and three architecturally recreated Garden Cottages with 25 rooms (from \$189 to \$249/2 for the luxury suite \$235 - \$299 weekends) equipped with fireplaces or woodstoves, balconies, and garden views. The hotel has conference facilities for 10 to 60 participants. There are special packages for government & military, senior citizens, group retreats, weddings and receptions.

\$\$\$-\$\$\$ MENDOCINO HOTEL

Breakfast, Lunch & Dinner Lodging 45080 Main St., Mendocino, CA
www.mendocinohotel.com (707) 937-0511 / (800) 548-0513

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GALLERY BOOKSHOP & BOOKWINKLE'S CHILDREN'S BOOKS

The largest privately owned bookstore on the north coast and the most comprehensive childrens bookstore north of San Francisco are now located under one roof, just a stone's throw from the dramatic Mendocino headlands. Under the proprietorship of Tony Miksak and staffed by a talented crew of "book people," researchers, librarians and authors, the Gallery Bookshop and Bookwinkle's Children's Books overflows with books on every subject. "In addition to new books, we carry magazines, cards, posters, audio books, stickers, rubber stamps and tapes of local musicians," states Tony. "Furthermore we will special order any book in print and we do free research." Printouts by subject, title or author are available on the spot. "We also specialize in books by local authors," Tony concludes.



Here is what patrons from all over the world say: "Best kids store I've ever seen!" "I drive up from the city and I leave with my arms full of lovely books - great books!"

The Gallery Bookshop and Bookwinkles is a Bay Area quality bookstore with a pristine view of the Mendocino Coast. Stop by and read!

\$\$\$ GALLERY BOOKSHOP & BOOKWINKLE'S Children's Books

General Interest & Children's Books Box 270, Corner Main & Kasten, Mendocino, CA. www.gallerybooks.com (707) 937 BOOK (2665)

FORD HOUSE

The Ford House was named for Jerome Ford who was sent north in 1852 by his employer, sawmill owner Henry Meiggs, to claim the rights to a fortune in Chinese merchandise that sunk in the schooner Frolic off the



Photo Courtesy Ford House Museum and George & Carolyn Cathey

Mendocino Coast near Caspar. Native Americans claimed the great gifts from the sea first, but Ford did discover vast stands of timber which could be used in the building of San Francisco.

The California State Department of Parks and Recreation acquired the Ford House as part of the Mendocino Headland State Park in 1972. They renovated the historic home, opened it as a museum and visitors center in 1983 and turned it over to the non-profit Mendocino Area Parks Association (MAPA) in 1986. Today docents and volunteer programs enable the Ford House to be open on a regular basis. An interesting staff will entertain your visit, answer all manner of questions and perhaps send you on your way with an interesting selection of cards, books, gifts and memories. Interpretive walks are led by MAPA docents out of the Ford House. The descendants of hearty pioneer gardens, including wild cabbage, roses, nasturtium and Himalayan blackberrys line the cliffs and trails.

\$ FORD HOUSE Box 1387, 45001 Main Street, Mendocino, CA. 95460

Visitor's Center: Mendocino Headlands State Park (707) 937-5397

74 Mendocino Coast *INNER MIND to the OUTER LIMITS*



OUT OF THIS WORLD

Gifts that expand our awareness of the visible and invisible qualities of our terrestrial and extra-terrestrial environment abound at Out of This World in Mendocino. A brace of powerful telescopes at the entrance are aimed at Mendocino Bay and headlands. Spotter scopes, binoculars, tripods and deeeeep space viewing reflector telescopes are also displayed. Scientific tools aid self discovery of anatomy, geology, geography, astronomy and electromagnetic fields.

Remember the olde fashioned crystal radio kit you made as a kid? They're here! So are fuel cell car kits, solar generators, gyroscopes and the same spring slinkies you used to trip your bother or sister up with. A good selection of books and games about humankind, the wonders of earth and the universe are also stocked. Out of This World is a wonderful shop to explore for children and adults who want to put the wonder back in their eyes or who never plan to grow up.

\$\$\$ OUT OF THIS WORLD

45100 Main Street, Mendocino,

Telescopes, Binoculars, Self Discovery, Scientific Toys and Gifts.

MC & Visa Open daily 10am - 5:30pm and on Sundays from 10am-5pm

www.discounttelescopes.com

(707) 937-3335 Information

ICONS

Like the nighttime heavenly void above us, sprinkled with bright stars - so are life's events. Often such events are marked by the symbolism of cultural or spiritual Icons.

So, after you have found a place to eat, sleep and be cozy - the inner journey begins. Icons is a gift shop from which to center and



ground in - to remember that we have six senses - seeing, hear, smell, touch, taste and intuition. So what tugs on your heart? Look around at the statues, sculptures, figurines, paintings, wall hangings, photographs, ceremonial gifts (for bar/bat mitzvahs, weddings, baptisms and memorials), sacred and inspirational books, cards and candles, jewelry and music. Many faiths are embraced here - Jewish, Christian, Islam, Native American, Buddhist, Hindu, Taoist, Wicca/Pagan, ancient and emerging modern beliefs. For the lighter side there are Bob Marley, Jerry Garcia, the Grateful Dead, Three Stooges and Wizard of Oz gifts. You gracious hosts are Theresa Glasner and Albert Morales.

\$\$ ICONS

10466 Lansing St., Mendocino, CA. 95460

Icons & Gifts for Life's Events Email: iconsgifts.msn.com (707) 937-1784

Kasten and Albion Streets / Mendocino Mendocino Coast 75



CELTIC CREATIONS Jewelry Studio & Gallery

Platinum and goldsmiths Chris and Shani Christenson show fine Celtic and Nature inspired jewelry at Celtic Creations. They also specialize in custom wedding rings in their bright and elegant upstairs studio located in the heart of Mendocino.



“We always dreamed of having a beautiful place to create our jewelry, a place where someone could come in and participate in the creation process”,



they state. Precious stones and metals are fashioned into master pieces that glisten and catch the light of sun, moon and stars.

“A flower swaying in a cool spring breeze, a lone wolf howling at the full moon, an ancient symbol carved in stone hundreds of years ago; each image captured in our jewelry has a special meaning to us and evokes it’s own special feeling”, state

proprietors Chris and Shani Christenson. To us creating jewelry is a celebration of the beauty we see in the world”.

\$\$ CELTIC CREATIONS P.O. Box 1901, Mendocino, CA 95460
Jewelry and Fine Art Gallery jewels@mcn.org www.celticcreations.com
Upstairs at 45098 Main St., Mendocino (707) 937-1223

ARTICLES GALLERY

Located in Mendocino’s three story water tower is a very eclectic art gallery which used to be the home of Wind & Weather. Enclosed by Mendocino Art founder Bill Zacha, the historic showroom has a staircase climbing three stories amid art, craft and gift exhibits.

Owner Janet Bienenstock is a nurse and an artist who is obviously enjoying applying her creative talents to her shop. She loves to display the work of emerging artists, helping them actualize their artistic path as well as support the many talented local artists. Articles is a real treat for those who enjoy exploring a truly unique art space filled with creations from around the world. These include photographs, contemporary originals, assemblage, textiles of all kinds and bronze and ceramic sculptures. Janet has experience with art as a healing medium and believes creativity is a precious commodity that speaks to our hearts thereby promoting health, healing and the reduction of stress. Because she is a fabulous networker, in her 1st year she has already attracted fabulous finds of all kinds to her gallery!! So, like life itself her gallery is a constantly changing visual feast of beauty, inspiration and surprise.



\$\$\$ ARTICLES GALLERY 611 Albion Street, Mendocino 95460
Mixed Media, Eclectic Art, Gifts & Antiques Open 11am-5pm, but Wed.

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MacCALLUM HOUSE RESTAURANT, INN and SUITES

For the Mendocino experience, watch whales, browse in the galleries, and then dine at the elegant MacCallum House. The 3 story Victorian, restored as an inn, was built in 1882 by William H. Kelly for his newlywed daughter, Daisy MacCallum. Set back on Albion Street behind a white picket fence, its verandas



command a sweeping view across spacious lawns and cypress to the crashing waves of Mendocino's headlands, a favorite subject for artists & photographers.

THE INN and MacCALLUM HOUSE SUITES: In Spread over two acres, each of the rooms on the main property offers a romantic and peaceful environment in which to relax and enjoy Mendocino. The main house features six rooms, each lavishly furnished with antiques. Many feature claw foot soaking tubs, sleigh beds and ocean views. Surrounding the main house are seven cottages, each with its own unique charm. Many of the cottages include outdoor hot tubs, wood stoves and private decks. Also on the main property is the original barn and it features six rooms with river stone fireplaces, exposed old growth redwood beam ceilings and dramatic ocean views.

The inn also includes MacCallum Suites, a four-star luxury mansion set on two private acres on the highest hill in Mendocino overlooking the Pacific Ocean. This space is perfect for a romantic retreat, family reunion or small wedding. This property features a private meeting room and a full catering kitchen.

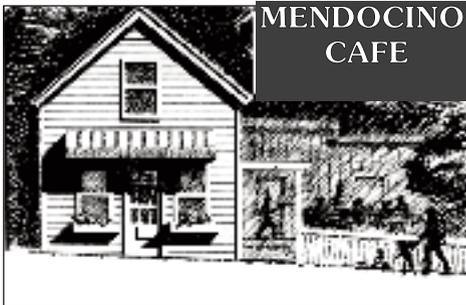
Amenities in all of the rooms include a gourmet breakfast served throughout the morning, wine hour, continuous beverage service, Internet access, in room massage, telephones and flat screen televisions with DVD players.

THE RESTAURANT: In the restaurant dinners are served in a library study graced by two river stone fireplaces, bookcases, oil lamps and flowers on the tables or, informally, in the cafe. Chef Alan Kantor is proud of the fact that "everything we serve you is prepared in our own kitchen, including breads, hand rolled pastas, and smoked meats, fish or poultry. We use only the freshest ingredients and feature local and regional organic and wildcrafted products whenever possible." To begin the MacCallum House dining experience you might choose an aperitif from the Grey Whale Bar to accompany a first course of select Pacific Rim oysters, Liberty Farm duck leg confit or roasted gnocchi and chantrelle salad. Second courses may include wild king salmon, bouillabaisse, roasted Rosie organic chicken, grilled Niman Ranch chops and steaks, the vegetarian dinner and the evening's exciting specials. We offer a fine wine selection with a focus on outstanding local vintages. House made ice creams, cheesecake souffles, bread puddings and creme brulees make for a sweet ending or perhaps enjoy a late night dessert with espresso, cappuccino or cafe latte after a village stroll. Chance meetings with other coast explorers like yourself or with Mendocino's colorful and artistic community add to the discovery of your visit to the firelit Grey Whale Bar.

\$\$\$-\$\$\$ MacCALLUM HOUSE Inn & Suites *Reservations are advised.*
 Full Bar, Restaurant, Bed & Breakfast www.maccallumhouse.com
 45020 Albion St., Mendocino, CA. 95460 Restaurant/Lodging (707) 937-0289

Route 1/Mendocino Mendocino Coast 77

Popular with locals and visitors alike, the Mendocino Cafe serves quality cuisine in a casual setting. Open under the same management and with long-term dedicated staff for sixteen years, the cafe is consciously evolving toward healthy, sustainable produced fare, including free range animal products, as the basis for its eclectic, international menu.



Luncheon items include a variety of fresh salads, sandwiches, burritos, and soups, with daily seasonal hot plate specials (typically \$7-\$12); dinners emphasize fresh seafood specials, satisfying pasta bowls, and hearty entrees, such as the one half free range chicken baked in BBQ or Thai sauce, served with garlic mashed potatoes and fresh vegetable of the day (\$16.95). Nightly specials showcase regional and seasonal culinary opportunities, like their bountiful wild mushroom harvest. Nor must we overlook the legendary Thai Burrito, invented by their first chef, Maggie Drake (\$7.95 vegetarian - \$10.95 with shrimp). Overall, the food might be described as Californian/Asian/Mexican fusion, with a dash of Tuscany! Indoor/outdoor seating with fabulous views of the ocean and forest is an alluring feature of this relaxing, convivial eatery. A mostly Mendocino County wine list, with organic choices, and sumptuous desserts baked on the premises, round out the Cafe experience that has townsfolk and returning guests coming back for more, and more, and more The Mendocino Cafe is located right next to the town firehouse at the corner of Lansing Street.

\$\$\$MENDOCINO CAFE *Corner Lansing & Albion Streets, Mendocino California/International Open daily (707) 937-6141 Res. & Orders to go.*

KELLEY HOUSE

Kelley House was built by William H. Kelly in 1861. William was a ship carpenter, logger, store keeper and entrepreneur who eventually purchased almost the entire Mendocino peninsula (for \$2,650). He married Eliza Lee Owen in 1855 at his birthplace, Prince Edward Island, Canada, and they returned to Mendocino to live the rest of their lives. The Kelley House was deeded to the Mendocino Historical Research (M.H.R.) in 1975 and restoration began. Today guests can explore an archives of outstanding 1800's photographs of houses, buildings and Mendocino pioneers. The Kelley House publishes the Mendocino Historical Review and Newsletters and there are walking tours of Mendocino for small groups, bus tours and a variety of stimulating annual events are hosted. Garden areas, a duck pond and large lawn is ideal for group wine tastings or wedding receptions. Volunteers & donations keep the doors open.



Photo © 2005 Leona Walden
www.WeddingPhotographs.com

\$KELLEY HOUSE *Box 922, 45007 Albion St., Mendocino, CA. 95460 Museum and Historical Tours www.mendocinohistory.org (707) 937-5791*

78 Mendocino Coast Route 1/Mendocino

SEA GULL INN

The front entrance of this inn is marked by a hand-carved seagull on a large driftwood sign with the words "Sea Gull Inn — Lodging." First converted to an inn in the 60's, the rooms have provided wonderful shelter for almost 4 decades (rates are \$55-\$165). Owner innkeeper Marlene McIntyre is Mendocino's most

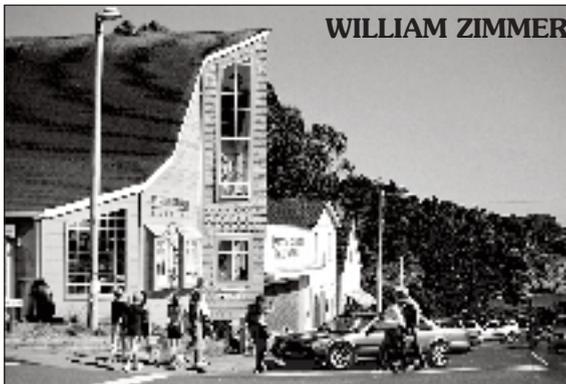


Painting by Hope Stevenson www.hopestevenson.com

longevitous innkeeper. Today she and her sister Colleen Beaurline operate the inn. There are 3 rooms on the first floor which have been christened the Geranium and Look Out One and Two. On the second floor are the Driftwood, Abalone, Sea Urchin and Sand Dollar. Out back is "The Barn" with a double bed loft and stairway with sitting room and queen bed downstairs (ideal for families—sleeps 4). The Shed (\$55/2) has sink & toilet only - no shower. Each newly remodeled room has a private bath or shower. A hearty continental breakfast is included in the rate and served in your room. Beautifully landscaped grounds and flower gardens beckon outside your window.

Located in the heart of Mendocino and within easy walking distance of the Sea Gull Inn are interesting shops, restaurants, galleries, theater and the Art Center. Whether you choose to participate in the abundance available or have a quiet stay, the country charm of the Sea Gull Inn will make your visit memorable.

\$\$\$ SEA GULL INN www.seagullbb.com 1-888-937-5204 Toll Free
Oceanview Bed & Breakfast Open all year Call for a free brochure
44960 Albion St., Mendocino, CA 95460 (707) 937-5204 Res. Advised



WILLIAM ZIMMER GALLERY

Founded in Mendocino by Lynette and Bill Zimmer in 1977, the William Zimmer Gallery has earned an international reputation. The gallery showcases an expansive and valuable collection of sculpture, ceramics, glass, jewelry, paintings and hand-crafted

furniture. Serious art lovers who travel the world are familiar with the Zimmer Gallery in Mendocino. You will be awestruck by the collection in their new 2 story gallery located in the heart of Mendocino. The gallery is open daily from 10:30am to 5pm.

\$\$\$\$WILLIAM ZIMMER GALLERY Corner Ukiah @ Lansing. Mendocino
Fine Art, Sculpture & Jewelry www.williamzimmertgallery.com 937-5121



MENDOCINO JEWELRY STUDIO

Mendocino Jewelry Studio is a working studio that features fine handcrafted jewelry by owner Nancy Gardner and other local silver and gold smiths. The European education Nancy received is apparent in her skillfully crafted, exquisite creations. She also delights in creating one-of-a-kind commission pieces to honor that special someone. Nestled in the heart of Mendocino on Albion Street the Mendocino Jewelry Studio is a warm and rich showroom that hosts a range of locally crafted mixed media art work.



\$\$\$ MENDOCINO JEWELRY STUDIO 45050 Albion St., Mendocino
Jewelry & Fine Art gardner@mcn.org (707) 937-0181

Howard Street / Mendocino Mendocino Coast 79

HEADLANDS INN

The Headlands Inn, a 3-story New England Victorian "salt-box-by-the-sea", offers ocean, village and garden views extraordinaire. All six rooms and the cottage have private baths, wood burning fireplaces, featherbeds and lots of nice amenities (robes, large fluffy towels, hair dryers, clock radios and there is a parlor telephone). The romantic cottage also has cable TV/VCR, microwave, refrigerator and large sunken tub with shower.



Denise & Mitch enjoy being innkeepers in the historic charm of their 19th century inn and have added many comforts for their guests. Full gourmet breakfasts are served to the rooms on a tray with the San Francisco newspaper each morning.

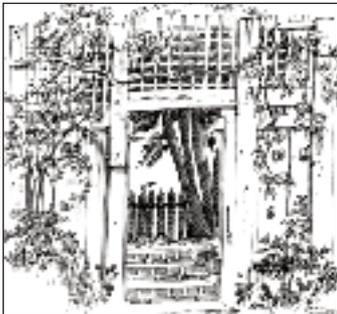


Sample hot breakfast entrees include ham rolls Florentine with sherry cheddar sauce or Southwestern egg casserole with pumpkin bread and pineapple zucchini bread. Each entree is served with organic coffee, tea, and fruit juice. At the end of the day there is an afternoon tea service with spring water, cookies and sherry. Rosie the

inn-cat will tune you into the miniature world around the inn where butterfly's, hummingbirds, moles, and song birds visit the English flower and herb gardens. Every gallery, boutique, giftshop and restaurant in Mendocino is a short walk away - so throw away the car keys and settle in for a pleasant stay at Headlands Inn. Seasonal rates for 2 are from \$99 - \$269.

\$\$ HEADLANDS INN P.O. Box 132, 10453 Howard Street at
Howard and Albion Sts., Mendocino, CA. 95460 Numerous Amenities
Oceanview Bed & Breakfast Res. 1-800-354-4431 or (707) 937-4431
Headlands Inn Website **BOOK A ROOM HERE**

80 Mendocino Coast Route 1/Mendocino



CAFE BEAUJOLAIS

At Cafe Beaujolais you can enjoy some of the finest dinners in northern California. Fresh seasonal produce is combined into exciting entrees, gourmet appetizers, soups and salads; with an award winning bakery open 11am - 4:30pm. Founded by Margaret Fox in the 70's the restaurant is now operated by Steve Jenks. Dinners are served 5:45 to 9pm in the main dining room or garden atrium (seating for 55). You are surrounded by the award winning

garden created by Jaen Treesinger. Entrees include Washington sturgeon filet, pan roasted with truffle emulsion sauce, served with house made tagliatelle, wild mushrooms, beets, snap peas and vegetarian corn crepe cake, roast free range duck breast with balsamic jus, mascarpone polenta and green beans.

\$\$\$-\$\$\$ CAFE BEAUJOLAIS 961 Ukiah Street, Mendocino, CA 95460
California - French Cuisine www.cafebeaujolais.com (707) 937-5614 Res. Adv.



955 UKIAH

The formal, yet homey dining atmosphere of 955 Ukiah is a perfect compliment to a stay at one of Mendocino's elegant inns. Guests are thoughtfully cared for in this unhurried restaurant with dining in the Classic California/French tradition. The hostess seats you at a candle-lit table and the evenings offerings are explained with the depth of a navigator planning a new passage. Water and wine glasses are kept filled. Delicious homemade bread sticks and

butter are replenished as needed. By evenings' end you know this corner of Mendocino and the staff who have carefully set the stage for your enjoyment. In settings like this the roots between lovers reach deeper into each others souls.

If proprietors Jamie and Peggy Griffith make such service and cuisine look easy it's because their longevitous authenticity helped to make Mendocino what it is today. The selection of entrees reflects the freshest and highest quality of herbs, fruits, vegetables, poultry, meats and fresh fish available. A myriad of appetizers include duck filled cannelloni mixing ricolla, oregano and parmesan, spinach & red chard giant ravioli of 5 cheeses and steamed mussels (fisherman's style) from \$11.00. The fresh garden salads are divine. The evenings entrees might include Seafood Menagerie (prawns, scallops, snapper, oysters and mussels poached with tomato & dill), New York steak peppercorn (sauteed with Pinot Noir, brandy and a blend of 5 peppercorns), Lamb in stew (garnished with pearl onions, baby carrots, potatoes and tender peas) from \$20.00. The wine list reveals some of California's finest vintages, several from organically grown grapes. The sumptuous desserts often induce before bedtime fantasies. In such romantic settings, precious may fall into a love coma, surely leading to fabulous intimacy.

\$\$\$-\$\$\$ 955 UKIAH Open Thurs - Sun from 6pm to 10pm
Classic California/French Cuisine www.955restaurant.com
955 Ukiah, Mendocino 95460 (707) 937-1955 Reservations recommended

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PATTERSON'S PUB

Travelers looking for a place where respectable locals and white collar workers hang out will enjoy a visit to Patterson's. Comfort food with a International and Irish-American slant such as fresh wild salmon, mashed potatoes and gravy, sheppards pie, Caesars, Asian salad (delicious), steaks, homemade soup and chowder, raw or BBQ'd oysters on the half shell, a dozen beers on draft, premium California wines and mixed drinks are served. Several TVs show sports and news alerting locals to possible ripple effects to Mendocino. Above the long bar hang the mugs of the living and dearly departed. Your proprietors are Mary Ann and Tony Graham Esq.



\$\$\$ PATTERSON'S PUB 10485 Lansing St., Mendocino, CA. 95437
Food, Beer, Wine & Mixed Drinks Open daily from 10 am till? (707) 937-4782



MENDOCINO BAKERY & CAFE

For travelers wanting to soak up local atmosphere along with quality food, the Mendocino Bakery is a great find. Local chatter, steamy windows and rustling newspapers create the Bakery's ambiance, but its the smell of fresh baked goods that will draw you in. For over 20 years the Bakery has been the perfect spot for an early morning latte made with

locally roasted Thanksgiving Coffee, a home-made bagel and cream cheese or Danish, soup and salad for lunch, or late afternoon tea and one of their famous Cowboy Cookies.

You won't meet a friendlier counter crew. Homemade lasagna, chicken or roasted veggie empanadas, bean burritos with the Bakery's great salsa make an inexpensive, delicious, casual dinner. From 4:00pm on, enjoy an authentic New York style pizza. Build your own or choose from tasty selections of house specials. Dining is indoors or out on the 60 foot redwood deck. The owners have created a special place to hang out, eat good food (much of it organic), and meet old friends or make new ones.

\$\$\$ MENDOCINO BAKERY & CAFE Box 1501, Lansing St., Mendocino,
Baked Goods, Pizza, International Foods Open daily from 7:30 am. 937-0836

MENDO BURGERS

Down the street from Mendosa's Market on Lansing Street and up the back pathway by Rainsongs shoes is the popular Mendo Burgers. Sit down in the old fashioned soda bar for the best regular or veggie burger in Mendocino. Choose from the 1/4 lb freshly ground beef, ground turkey with spices or the classic veggie burger with chic peas and herbs. There is also the Pig Out Burger (with chili & cheese), fresh fish and chips, big thick malts and shakes with real ice cream, mineral water and sodas. Light eaters will enjoy a variety of gourmet fresh cut fries including garlic, cajun (my favorite) and chili - cheese.



\$ MENDO BURGER 10483 Lansing - follow the paths center of Mendocino
All American Food (707) 937-1111 Sit down, al fresco in the garden, to go.

82 Mendocino Coast Ukiah Street / Mendocino

CORNERS of the MOUTH

Photo by Manfred Horender mhorender@t-on.line.de



Those inclined to buy natural and health oriented foods and herbs shop at Corners of the Mouth. Corners is a 1/2 block off Lansing in the historic red church on Ukiah Street. The help is cheerful, informed and enlightened. A large selection of edible and medicinal organic herbs are showcased as well as tinctures and essential oils. This Worker's Collective is run from the premises of cooperation

and consciousness, proving that capitalism works without a management hierarchy. The staff have your health in mind and stock an array of organic produce (local when available). There is a large personal care section, a full line of bulk grains, bulk herbs, pet food, canned goods, coolers full of fresh fruit and vegetable drinks, tofu, yogurt, cheese, milk and frozen foods. A northern California icon, "Corners" has served organic and natural foods for over 30 years.

\$\$\$ CORNERS of the MOUTH

www.cornersofthemouth.com

45015 Ukiah Street, Mendocino, CA 95460

(707) 937-5345 Info

LU'S KITCHEN

Hummmmm . . . a large red and green hummingbird zips down the pathway lined with heirloom roses, lavender, yarrow, nasturtiums, jasmine, butterfly bush, ornamental grasses and pinto beans and stops at the bright red trumpets of the passion vine just above the heads of customers to Lu's Kitchen. Lu is a heart centered Mendocino Village restaurateur who has been serving delicious and conscious food for over 20 years. Her global awareness is reflected in the organic cross-cultural vegetarian cuisine she serves. The menu features 12 scrumptious entrees -

adorning a plate like a fresh garden, plus organic espresso and mochas, hot Chai, soy milk and an assortment of mineral water, green tea and organic apple juice. Wilted spinach salad, golden tofu & veggies with peanut sauce, Mediterranean quesadilla, vegan burritos and the large Greek salad are all very popular. Lu's tiny restaurant with outdoor garden dining is usually open spring, summer & fall and during storm breaks Lu has been known to open to help locals take the chill out of winter.

Lu's tiny restaurant with outdoor garden dining is usually open spring, summer & fall and during storm breaks Lu has been known to open to help locals take the chill out of winter.

\$ LU'S KITCHEN

450143 Ukiah St., Mendocino, CA 95460

Cross-Cultural Vegetarian Cuisine (707) 937-4939 Garden dining or to go



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MENDOCINO MARKET

Founded by Alvin Mendosa and sold to opera singers and native San Franciscans Matthew and Elaine Miksak, the Mendocino Market is deeply rooted to provide Mendocino's residents and visitors high quality, natural, gourmet, vegetarian, GMO free and wildcrafted foods. New owners Patty and Jeff Neumeier and daughter Maya carry on a proud tradition. Patty, who was raised in Mendocino, is proud that their emphasis is on supplying organic, wild, healthy and nitrate free meats, poultry, seafood, fruits and vegetables.



Wall menu's adjacent the front porch of the big 1870's farm house let you know what the fresh catch of the day is and what the daily homemade soup or sandwich is. Organic coffee is always on and there are tables and chairs on the back deck and by the windows. A glance around reveals rows of vintage wines - some made from organically grown grapes. In the coolers await beer, mineral water and sodas. Gourmet and traditional cheeses and fresh baked loaves of bread go nicely with an assortment of sliced meat and hot or cold sandwiches topped with fresh lettuce, sprouts and all the trimmings. The glass deli case offers a visual feast of red snapper, king salmon, fresh crab (in season), pasta with prawns and scallops, smoked salmon and albacore, chicken rosemary, terriyake thighs, legs and wings (from Rocky free-range poultry), country coleslaw, German potato salad, seafood stew and one of the best vegetarian sandwiches on the Mendocino Coast. Delicious gourmet entrees such as grilled swordfish steak with garden fresh vegetables and salad can be prepared while you wait for sit down or to go. Patty and Jeff also cater to all occasions. The friendliness and pride in the quality of the food and service makes all the difference in the world. Located across from the post office.

\$\$\$ MENDOCINO MARKET Box 380, 45051 Ukiah St., Mendocino, CA. Seafood Market, Cafe & Gourmet Delicatessen Travelers checks & cash

Open daily 10am to 6pm
(707) 937-FISH

MENDOCINO TWIST

A stroll down the picturesque board walk of Mendocino's Main Street will reveal an eclectic array of independent artisan business's. Every family has the child that challenges the rest of the family with issues of global ethics and consciousness and that would be Twist! Twist is where conscious



consumers shop. Twist is a business which promotes consumer consciousness around issues of global health. Helen Caldicott and Noam Chomsky would shop here. Organic hemp, soy (smooth as silk), cotton, wool, and Alpaca natural fiber clothing, socks, backpacks, sun hats, sun glasses, soaps and lotions are stocked. Not only do the clothes look great, feel wonderful and last, but the owner Deborah Kettner and her staff are totally committed to fair trade, preservation of the environment, quality craftsmanship and more! There are wonderful CD's to listen to, DVD's and videos offering healing alternatives and a provocative collection of books to educate political consciousness, spirituality and even hip-hop. Don't miss the conscious smokeshop with organic tobacco, cigars, vaporizers, natural rolling papers and locally handblown glass pipes by Rogue Glass. Yoga mats, altar totems, candles, angel cards, stickers, journals and buttons are also carried.

\$\$\$ MENDOCINO TWIST 45140 Main St., Mendocino, CA. 95460
Eco-Groovy Organic Clothing, Conscious Consumer Gifts, Books & CDs
Fax: (707) 937-2679 www.mendocinotwist.com Tele: (707)937-1717

MUSIC, ART and

For decades Mendocino has served as a magnet for artists and art-lovers. It is a mysterious process as to what makes an "art colony". It seems that once a few artists settle in an area, more are drawn to it, fired by a desire to escape bureaucracy and live in the vicinity of other free-thinkers and creative spirits.



The big tent of the world famous Mendocino Music Festival

Mendocino, with its rugged natural beauty on all sides, would seem a natural choice. The village is human-scaled, with buildings no more than two stories high, and few enough that one can comfortably stroll the town in a day.

Here is a paint box paradise, with vistas that are transformed not only by miles, but by minutes, in the constantly shifting sunlight. As weather fronts sweep off the Pacific Ocean, they may present a different palette of colors every day. The ever-restless surf and evergreen forests are like gems which show various facets as the lighting changes. On foggy days, tones become softly diffused and muted, layering the landscape like a Japanese screen. When clouds gather on the evening horizon, signaling a storm soon to come, the sunset becomes dramatic with the colors of fire and smoke. Rainy spells are long and drenching, bringing out deep, moody shades. And in the sunny weather that follows, hues are absolutely sparking in the crisp, clean air, while the seas are turned to whipped cream by the winds.

In the post-war era, Mendocino was almost a ghost town, its lumber mill dismantled when virgin redwoods were depleted from the surrounding hills. Its quaint Victorian houses, some in a state of neglect, rented cheaply then, which accounted for an initial attraction for many of the area's "pioneer" artists. Over time, galleries, studios, and a growing number of collectors lined the streets. Inevitably, as the town became refurbished and more desirable, rents rose accordingly. Today, most of the area's artists have spread out into neighboring small towns and down isolated rural roads. Most of these home studios are not open to the public - the artisans use the many exhibit spaces in Mendocino Village to show their creative products.

Mendocino County also boasts a fair number of published writers and poets, and has several small but professional performing arts groups. A full range of musical talents - classic, folk and rock perform regularly or meet "just for fun". In fact, a government survey conducted in the 1980's deduced that this spot has one of the highest per-capita rates in the nation of residents involved in the visual and/or performing arts.

These devotees of the muses often lead double lives, juggling their artistic aspirations with economic realities. It seems that almost everyone has two jobs. The breakfast cook who flips eggs in the morning may be performing light opera that evening. The waitress could be bringing home the paycheck while her husband writes his novel. The salesgirl in the gift shop may spend her days off making jewelry. The hotel maid is really a ballerina. The carpenter holds a PhD in Physics but would rather make handcrafted furniture. . . . Limited job opportunities may simply be one of the many sacrifices a person makes to live in an area of such natural splendor among other folks who share similar ideals. Indeed, perhaps it is this very mix of the mundane with the mystic that gives Mendocino that special air about it, which draws the visitor to it again and again.

Mendocino / THE ARTS Mendocino Coast 85

GALLERY LISTINGS and ARTIST STUDIOS
Telephone Area Code (707)
Highway 1 - Mendocino South Coast / Gualala to Elk

15 Alinder Gallery	39150 S. Hwy 1	Gualala	884-4884
37 Cityart Com. Art Gallery	280 Main Street	Point Arena	882-3616
19 Dolphin, The	39225 S Hwy 1	Gualala	884-3896
15 Gualala Art Center	38001 Old Stage Rd.	Gualala	884-
1138			
17 Henley Art & Interiors	39114 Ocean Drive	Gualala	884-1531
17 Noma Gallery	39200 S Hwy 1	Gualala	884-1320
17 North Light Framing & Art	38550 S. Hwy 1	Gualala	884-3549
17 Stary-Sheets Gallery	39165 S. Hwy 1	Gualala	884-
3606			
15 Studio 391	39150 S. Hwy 1	Gualala	884-9065
17 West of One Aerial Photos	www.westofone.com	Gualala	785-9445

Highway 1 - Mendocino North Coast / Albion to Westport

75 Articles Gallery	611 Albion	Mendocino	937-3891
67 Artist Co-Op of Mendocino	Main & Lansing	Mendocino	937-2217
67 Art That Makes You Laugh	45000 Main	Mendocino	937-1354
77 Celtic Creations Jewelry	Crn. Main & Kasten	Mendocino	937-1223
67 Clinton Smith Gallery	45098 Main	Mendocino	937-2261
67 Color & Light	10525 Ford	Mendocino	937-1003
101 Edgewater	356 N. Main	Fort Bragg	964-8798
128 Glass Fire Art Gallery	18320 N. Hwy 1	Fort Bragg	962-9420
71 Highlight Gallery	45052 Main	Mendocino	937-3132
114 Masterpiece Gallery	541 S. Franklin	Fort Bragg	964-8798
86 Mendocino Art Center	45200 Little Lake Rd.	Mendocino	937-5818
67 Mendocino Ceramics Studio	10551 Kasten	Mendocino	937-3459
67 Mendocino Jewelry Studio	45050 Albion	Mendocino	937-0181
86 Mendocino Village Gallery	45084 Little Lake Rd	Mendocino	937-4999
118 Northcoast Artists Gallery	362 N. Main St.	Fort Bragg	964-8266
67 Panache Gallery	10400 Kasten St.	Mendocino	937-1234
67 Panache On Main	45110 Main St.	Mendocino	937-0257
58 Partner's Gallery	8205 N. Hwy 1	Little River	937-3525
67 Prentice Gallery	17701 N. Hwy 1	Fort Bragg	962-0752
101 Wildlife Workshop	401 N. Main	Fort Bragg	964-6598
78 William Zimmer Gallery	Lansing @ Ukiah	Mendocino	937-5121
68 Zacha's Bay Window Gallery	560 Main	Mendocino	937-5205

Highway 101 / Hopland to Leggett

193 Blue Sky Gallery	21 S. Main,	Willits	456-9025
180 Diamonds & Gold	102 S. School,	Ukiah	468-1393
179 Hoyman / Browne Studio	323 N. Main,	Ukiah	468-8835
204 Mollywog's Gallery	45501 N. Hwy 101	Laytonville	984-7173

Highway 128 / Cloverdale to State Highway 1

151 Gallery 128	14269 Hwy 128,	Boonville	895-3243
151 Rookie Too	14300 Hwy 128,	Boonville	895-2204

86 Mendocino Coast Mendocino / THE ARTS

MENDOCINO ART CENTER



The Mendocino Art Center is an educational and resource center for the visual and performing arts located in the quiet coastal village of Mendocino 150 miles north of San Francisco. Today the Art Center, first established by Bill and Jennie Zacha in 1959, is a retreat away from the stress and clamor of the workaday world, where the soul can breathe, the imagination take wing, and creativity realize itself - as new found acquaintances turn into friendships. This

stimulating and nurturing setting for artists at the edge of town near the headlands is conducive to high levels of creativity and cerebral output. The Mendocino Art Center has gained a national and international reputation which attracts an impressive selection of renowned faculty members, yet has remained small enough for the so very productive dialogues between teachers and students, professional artists and beginners. The faculty, students and indeed the whole town is proud of the wide variety of classes, workshops, slide/lectures, exhibitions, theater productions, festivals, fairs and entertainments.

The Textile and Fiber Arts program presents a wide variety of hands-on classes for all skill



Dog worshippers attend a sculpture workshop with Jeff Downing. Dogs out of clay - isn't that biblical?

levels, from weaving and silk screening to mushroom dyeing, paper making and basketry. The Ceramics program includes classes and workshops in all techniques of pottery making, sculpture, clay preparation, tile-making, glazing, firing, and finishing.

Theater Productions are presented in the Art Center's Helen Schoeni Theater by the Mendocino Theatre Company, which includes a full season of plays, a dramatic readings program, and acting classes. Galleries include the Art Center's

Nichols Gallery and the Showcase Gallery on Main Street in Mendocino, as well as the Winona Gallery, which is reserved for private rental. The Art Library contains an extensive and ongoing collection of art books which are available to students, teachers, and Associate Members of the Center. Retail Shops in the Art Center and Showcase Gallery feature local and regional paintings, handmade textiles, ceramics, and other fine arts and crafts. The Mendocino Arts Magazine is a popular quarterly publication containing articles on art, artists, and the art world, entertainment features, and a complete monthly calendar. Schedules are also published for spring, summer and fall classes.

Housing at the Art Center during the summer session is modest and yet cozy, convenient and reasonably priced. Apartments feature fully equipped kitchens and private baths. Artists in residence can also rent a variety of affordable to expensive studios, cottages, apartments, rooms, and homes by the night, weekend or week within walking distance to 10 miles driving distance. Call or write for a free brochure and calendar of events.

\$\$\$\$MENDOCINO ART CENTER *Low cost lodging available for students*
Ongoing Shows & Galleries Mendocino www.mendocinoartcenter.com
 P.O. Box 765, 45200 Little Lake Rd., CA. 95460 (707) 937-5818 *Info*

MENDOCINO THEATRE COMPANY

The Mendocino Theatre Company has a 88 seat theatre on the grounds of the Mendocino Art Center in the village of Mendocino. The company produces six "Main stage" productions throughout the year for a total of 144 performances. Additionally, other "Stage II" works are produced during the off season, in January and February.

The other division of M.P.A. is Jumpstart! Young People's Theatre which was founded in 1999 in a collaborative effort between the Mendocino Coast Recreation Center

and the Mendocino Theatre as a after school program. Jumpstart has since expanded to include an annual summer theatre program which culminates with a four performance festival production with a cast and crew of 22 students, and a year-round teen after school program serving Mendocino High School students.

The Mendocino Theatre Company produces plays of substance and excitement, ranging from classics to cutting edge: nurtures local talent, and provides meaningful theatrical experiences for both local and visiting audiences and local and visiting actors. Tickets (\$8 - \$25 each) can be purchased at the box

office prior to each performance or you can subscribe and buy season tickets to all 6 performance periods and receive 20% off. Because the Mendocino Theatre Company is a non-profit corporation you can make charitable donations for \$50 to \$5,000. Performances are cozy and intimate. The snack bar serves popcorn, homemade cookies & brownies, mineral water, organic coffee and on opening nights wine. Lusciously dressed ladies and dignified gentlemen gather to socialize with locals catching up on each other and making new friends.



Photo by Garth Hageman

Jerry Todd & Arlene Wanner "Picasso at the Lapin Agile"

\$\$\$MENDOCINO THEATRE COMPANY 45200 Little Lake St., Mendocino. Also the **GLORIANA OPERA COMPANY** and **JUMPSTART! YOUNG PEOPLES THEATRE & OPERA FRESCA** www.operafresca.com
MTC Business Office: P.O. Box 800, Mendocino, CA. 95460 937-2718
 Seasonal Performances Thur - Sun 8pm www.2mtc.org (707) 937-4477



Savannah Green in "Off the Map"

Photo by Amanda Williams

88 Mendocino Coast Little Lake Rd. / Mendocino

THE MOOSSE CAFE' & BLUE HERON INN



Moose Cafe garden patio



*Moose Food!
Wild salmon, summer
squash carpaccio, ahi
salad, & key lime
moosse.*



Carolyn & Michelle with "Juno"

The Moose Cafe' serves exceptional seasonal coast cooking, highlighting the bounty of local food and wine products available in Mendocino. Lunch is served from 11:30am to 3:00pm, and dinner from 5:30pm to 9:30pm. Dinner selections such as homemade pate', summer squash carpaccio, north coast cioppino and roasted crispy chicken, in addition to daily homemade soup, fish and pasta specials, are made to please. Lunch selections include the best macaroni and cheese, flank steak sandwich, and the Moose's Caesar salad, in addition to daily specials that make the most of seasonal and organic ingredients. Delicious desserts are all homemade. The Moose offers a balanced and ever expanding wine list, including many wines by the glass, to compliment the evolving, seasonal menus. When the weather is right, outdoor seating on the deck with views of the garden yard and ocean, makes dining at the Moose Cafe' a very memorable experience. The Blue Heron Inn offers clean, cozy European-style accommodations at their best. Three upstairs rooms, one with a private bath, rent from \$95 per night and include morning coffee and a continental breakfast. The rooms have terrific ocean and village views, and make village access a breeze.

\$\$\$MOOSSE CAFE & BLUE HERON INN 390 Kasten, Mendocino,
Cafe and Inn www.theblueheron.com (707) 937-4323 Reservations



BLAIR HOUSE

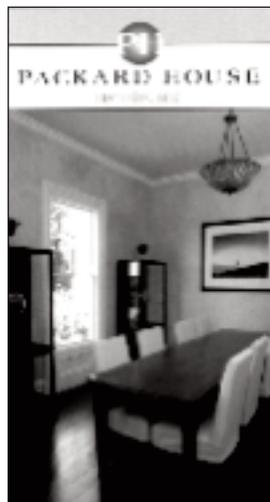
One of northern California's most recognized victorians is the Blair House in Mendocino. Guests who stay at the Blair House may recognize Angela's Langsberry's (Mrs. Fletcher's) house from the TV series "Murder She Wrote" from which she solved her mysteries. Not only is the Blair House a famous movie house, but it is also a unpretentious and moderately priced antique filled inn (rates from \$100 - \$210). Constructed of 1st growth clear heart redwood and douglas fir, the exterior of the Blair House is virtually as it was in 1888. Four rooms have queen sized beds with handcrafted quilts. Angela's suite consists of two lovely rooms with 10 foot ceilings, each room with its own fireplace. Rooms offer views of the village and ocean. Out back is a casual cottage with loft sleeping area, kitchen and fireplace - ideal for the whole family. Continental breakfast and fresh brewed coffee is served the following morning. Shops, galleries, theater and numerous restaurants are but a few blocks away.

\$\$\$ BLAIR HOUSE 45110 Little Lake Road, Mendocino, CA. 95460
Bed and Breakfast www.blairhouse.com (707) 937-1800 Res. advised

Little Lake Rd. / Mendocino Mendocino Coast 89

PACKARD HOUSE

An elegant retreat in the heart of Mendocino and adjacent the Art Center is the historic (1878) Packard House Bed & Breakfast Inn. Purchased and fully redecorated in 2004, all rooms have upscaled decor, creating a colorful and modern art interior, both plush and sophisticated as one would expect to find in San Francisco. Guests can enjoy classic elegance in four rooms with ocean or garden views, all with fireplaces, private baths, spa tubs and plush king or queen beds. Rain or shine you can vacation or work from wireless internet with flat screened TV/DVD in every room. Local wine and hors d'ouvers are served in the late afternoon so you can mingle with the other guests before your dinner. Morning time you can choose between a gourmet continental breakfast basket in bed or join the other guests and plan the day over a two course hot breakfast of baked pear, eggs Benedict with fresh juice and rich roasted coffee, tea and hot chocolate. Rates \$225/2.



\$\$ PACKARD HOUSE 45170 Little Lake St., Mendocino, CA 95460
Bed & Breakfast Major Credit Cards Honored www.packardhouse.com
info@packardhouse.com (707) 937-2677 1-888-453-2677 Res. advised

MENDOCINO VILLAGE COTTAGES

A wonderful love nest is situated on the northwest corner of Mendocino, bordering acres of unspoiled coastal headlands. During winters the stormy rush of rainfall against snug and secure cottage roofs, with their cheery fireplaces crackling away inside, heightens the intensity for intimacy.



During spring and summer a myriad of flowers blooms in the gardens.

Two guest cottages and a cozy studio await. The oceanview "New House" has a wonderful skylight loft, wood stove, rocking chairs, fully equipped kitchen outdoor BBQ area and sundeck with secluded backyard and flower garden; sleeps 4 and rents from \$115 for 2 with weekly rates from \$630. Visible from the loft is Caspar Lighthouse and next door is the famous Mendocino Art Center. The spacious "Green House" is great for small families or groups of up to 5 and rents for \$125/2 and \$680 per week. Two bedrooms, fully equipped kitchen, Franklin stove, living room and large oceanview picture windows make it your home away from home. The cozy "Garden Studio" is ideal for solo kindred spirits or couples (\$65 weekends and \$60 mid-week). Your gracious host is artist Gisela Linder.

\$\$ MENDOCINO VILLAGE COTTAGES

Housekeeping Cottages

www.mendocinovillagecottages.com

P.O. Box 1295, Mendocino, CA. 95460

(707) 937-0866 Res, usually necessary

90 Mendocino Coast Route 1/Mendocino



Jose Camara shows off the four season garden he created at Joshua Grindle over a 3 year period of time. His wife Alvercia looks on from the front porch. Jose, Alvercia and son Jared all helped to create this wonderful garden.

JOSHUA GRINDLE INN

The Joshua Grindle Inn was built by the town banker in 1879 and is set on a two acre estate with views of the Pacific Ocean, Mendocino Bay, and the quaint town. Ten spacious rooms offer fireplaces, ocean views, comfortable seating areas and all have private baths.

Breakfast is a time to enjoy conversation with new acquaintances around the circa 1830 pine harvest table while savoring fresh baked muffins, coffeecake or scones, fritattas or quiches, a selection of fruits, cereals, yogurt, coffee and teas. Every morning is a new treat as the menu constantly changes with seasonal availability of the freshest ingredients. After breakfast you can stroll along the headlands to take in the rugged and mystical beauty.

\$\$-\$\$\$ JOSHUA GRINDLE INN 1-800-GRINDLE www.joshgrin.com
Bed & Breakfast P.O. Box 647, 44800 Little Lake Rd., Mendocino, CA.

HILL HOUSE INN

Many of the 44 rooms of Hill House Inn have sweeping views of the Pacific, Mendocino Headlands, meadows and gardens. A wall in the parlor is dedicated to pictures of movie people who have stayed at the Inn while on location in Mendocino. Notable among the stars are Bette Davis, Gena Rowlands, Jack Albertson, James Farantino, Richard Benjamin, Dee Wallace and Angela Lansbury.



Modernized Victorian elegance is a good way to describe the decor. All rooms have private baths and direct dial telephones. Some rooms have fireplaces. Color TV's are discreetly hidden in beautiful solid wood cabinets. Most rooms have king sized beds with others having 2 full-size beds (room rates for 2 from \$100). Rick's Lounge and Sharon's by the Sea (See Page 110) serves variations of fresh fish, beef, poultry and local produce (when available). Seasonal specials, fine wines and homemade desserts highlight the menu. Downstairs is a full service bar with handcrafted woods giving a historic feeling. The lower cocktail lounge has lovely views that let the sun and ocean scenery in, but keep the wind and fog out. The crowning touch is the spiral staircase and overhead chandelier leading to the chapel/conference room where weddings and small groups are hosted.

\$\$-\$\$\$ HILL HOUSE INN Box 625, 10701 Palette Dr., Mendocino, CA.
Lodging & Meals 44 rooms, ocean views, private phones & TV.
\$\$\$ SHARON'S by the SEA 937-3200 www.hillhouseinn.com
\$\$\$ **RICK'S LOUNGE** 937-0577 Lodging: (707) 937-0554 Res. Advised

North Lansing Street / Mendocino Mendocino Coast 91

SEA ROCK INN

The owners of the Sea Rock Inn, Susie and Andy Plocher have combined luxury, imagination and down-to-earth practicality to transform this Mendocino Coast destination into one of the finest yet. The Sea Rock Inn offers



14 cottage units, most with ocean views, fireplaces and whirlpool tubs, neatly set on a rocky knoll among coastal trees and flowers. A few have complete kitchens and all have private baths. Amenities are numerous



and include in-room TV - VCR, telephone jacks for computer laptop plug-ins to access the Internet, fine books and magazines, snacks, feather beds, natural wood decor and wall to wall carpeting. An expanded continental breakfast consisting of fruit juices, Sea Rock teas, Thanksgiving coffee, fresh fruit, yogurt, muffins, breakfast cakes and bagels is served the following morning. Rates for two are from \$169 to \$355. Special group and off-season rates are available.

A half mile walk takes guests to the historical community of Mendocino where one can stroll among century old Victorians or peruse some of the most fascinating shops, galleries and restaurants on the West Coast. Just outside the cabins are the Mendocino Headlands with rock formations that are part of the beauty of the Sea Rock's singular view.

\$\$\$-\$\$\$ SEA ROCK INN Box 906, 11101 N. Lansing, Mendocino,
 Bed & Breakfast Cottages CA. 95460 AX, Disc, MC & CA. Visa
<http://www.searock.com> (707) 937-0926 or 1-800-906-0926

92 Mendocino Coast Little Lake Rd. & Road 409 /Mendocino

MENDOCINO SEASIDE COTTAGE & DAY SPA



The Mendocino Seaside Cottage & Day Spa is truly a love nest for intimacy and comfort. Here you can enjoy all the conveniences of a home away from home, but with the awesome Pacific at your front door. Amenities are too numerous to mention, but a few include feather beds piled high with pillows

(you can sink out of sight), a sauna - spa, aromatherapy potions, "Valentine" love baskets full of goodies, and some of the rooms are pet friendly. Rates for 2 are from \$145 - \$761 per night. Personal checks ok. www.romancebythesea.com

\$\$\$-\$\$\$ MENDOCINO SEASIDE COTTAGE & DAY SPA

Bed and Breakfast 1050 Wallace Dr., Mendocino 1-800-94-HEART (4-3278)

MENDOCINO WOODLANDS At the Mendocino Woodlands 3 separate group camping facilities are available to use for activities. Originally created of wood and stone by the W.P.A. and C.C.C. during the Depression of the 1930s, the past fifty years have weathered the buildings and the combined effect of good design and nature gives the feeling that the facility grew there with the forest. Camp One (usually year-around) is a large spread-out camp with 46 four-bed (bring your own bedding and flashlight) cabins on a hilly terrain. Each cabin is fully enclosed, with stone hearth, closet and balcony. This camp has a 1,800 sq. ft. recreation hall, an "Infirmary" and a "Cooks Cabin" with plumbing & electricity. Individual and group rates / minimums vary, (the camps accommodate 60-200 people) are often imposed. Reasonable rates vary—write for a free brochure.

\$\$\$MENDOCINO WOODLANDS Box 267, Mendocino, CA 937-5755



The self-sufficient Aloha Cabin

At the farm there is a labyrinth for public use and workshops on sustainable living such as organic food production and natural building. Children and adults can help with the feeding of the animals, cultivation and harvesting of vegetables; as well as composting and natural methods of gardening and pest control. The farm was established to help people who want to return to a more natural, sustainable, sacred way of life. Indeed, the wealth of a nation can be judged by the resourcefulness of its youth. Many fall asleep to the serenading chorus of frogs and hoot of owls, beneath a cosmic tapestry of thousands of stars.

By car its a scenic 30 minutes of slow driving - 6 miles of blacktop and 3 miles up a narrow dirt road. Sorry no pets. Camping, cabins and tipis are available for workshops and stays. Bring bedding, flashlight, sunscreen, and winter rain gear (don't forget your favorite snacks). Upcoming events are on the farm's web page.

\$\$\$ OLD MILL FARM Box 463, Mendocino, CA 95460 (707) 937-0244

Self Sufficient Farm, Cabin Rental & Labyrinth www.oldmillfarm.org

Route 1/Mendocino Mendocino Coast 93

POINT CABRILLO LIGHT STATION

Only God knows how many lovers, laying in bed late at night in Mendocino, have looked out their windows into the darkness and stars and been inspired by the flickering beacon of the Point Cabrillo Light Station to the north. Savior of lives, angelic light at dangers ledge, lighthouses around the world have been restored and preserved by well organized groups. This light and fog horn station was originally built in 1909 and restored in



2001 by the Point Cabrillo Lightkeepers Association in coordination with the State Department of Parks and Recreation. The lighthouse, gift shop, gallery with historic displays, aquarium and nature exhibits are open seasonally - 11am - 4pm during the peak tourist season, spring and fall friday - monday and winters on weekends. Soooo . . . don't be disappointed by the 1/2 mile walk through Point Cabrillo Park from the parking lot into potential fog or rain - call to be sure of the hours or check the website. Paths to secret little coves of mirror calm and clear water to stormy seas will reveal mysterious splashes of life in fur and fin in grottos and along rocky crags. Be smart - be safe!

\$ POINT CABRILLO LIGHT STATION Box 641, Mendocino 937-0816
Lighthouse, Gift shop, Historic & Nature Displays www.pointcabrillo.org
Located 5 miles north of Mendocino at 13500 Point Cabrillo Drive, Caspar

CASPAR BEACH

CAMPGROUND and RV PARK

Tucked like a baby into the V of a steep coastal canyon, the Caspar Beach Campground provides forested shelter a stroll from the ocean for tent campers, trailers and RV's. This seaside destination with access to beautiful Caspar Beach is equipped with pull through, full hook-up sites (including cable TV), hot showers, a laundromat and a modern, well-



stocked convenience store with full line of groceries, hardware, RV parts, sporting goods, novelties, fast foods and other camping and recreational needs. 14441 Point Cabrillo, Mendocino, CA. 95460 www.casparbeachrv.com (707) 964-3306

RUSSIAN GULCH STATE PARK

Russian Gulch State park is located 2 miles north of Mendocino on the west side of Highway 1. The campground is very small and quiet with 30 family campsites, one which is handicap accessible; a hike and bike camping area; and a 40 person / 10 vehicle group tent camping area. The park is fully developed with hot showers and flush toilets. Each campsite has a food storage locker, fire ring with cooking grill and picnic table. The campsites can accommodate tents, trailers up to 24 feet long; or RV's up to 27 feet long. Rates are \$20 per night / campsite.

There are scenic hiking trails in the park, one which leads to a small but majestic waterfall, that weaves through coastal forests in moderate terrain. A picnic area is situated on the headlands portion of the park near a scenic "blow hole" where visitors can enjoy views of the misty ocean spray and magnificent sunsets.

\$ RUSSIAN GULCH STATE PARK P.O. Box 440, Mendocino, CA. 95460
Oceanview Camping 2 miles N. Mendocino 1-800-444-PARK / (707) 937-5804

94 Mendocino Coast Route 1/Caspar



JUGHANDLE ECOLOGICAL STAIRCASE

Jughandle Creek Nature Center is a 39 acre nature preserve located between Fort Bragg and Mendocino. On the west side of State Highway 1 is the Jughandle State Park day use parking lot with trails leading down to the beach. On the east side of Highway 1 are the cozy overnight accommodations of the 1890's historic farmhouse, rustic cabins and camping with kitchen and shower facilities making Jughandle a nice place for individual introspection, conscious tourism or workshops and group nature retreats. There are miles of trails along Jughandle creek's watershed, through pygmy forest, giant redwoods, sandy beaches and tide pools. Wildcrafted and domesticated gardens of native plants as well as herbs and vegetables are grown in the nature center. A fully equipped kitchen is available. You will marvel at the plethora of wildlife. Even prehistoric looking carnivorous plants grow in the watershed 5 miles north of Mendocino at 15501 State Highway 1.

\$\$\$JUGHANDLE CREEK NATURE CENTER Box 17, Caspar, CA 95420
Rooms, Cabins and Camping www.jughandlecreek.org (707) 964-4630 Info

Photo by Derek Magdalik



Sally Wells with the band Human and the Evolution inspire and help their audiences heal. See www.thehumanrevolution.org

audiences. Performers include stand-up comedians, poets and crusaders on causes. "It's one of the best dance halls on the north coast," state visitors from the San Francisco Bay Area. An excellent sound system, rustic redwood stage and natural wood dance floor provide a homey environment. Premium wines, domestic and imported beers and every manner of mixed drinks are served. Don't miss Sunday's open mike night!

Too tired or high to drive precious home on the windy roads? Then explore each other in one of the 10 colorful light and airy upstairs rooms (from \$65/2) with shared baths and showers. There is no telling how many marriages or divorces the Caspar Inn is responsible for, but one thing is for sure - you can listen and dance to the best music in northern California. New owner Bobby Miller brings with him international degrees in wine and food, as well as the spirit to unite the community around the celebration of life and the love of music.

\$\$\$ CASPAR INN Box 3, Caspar, CA 95420 (707) 964-5565 Info
Oceanview Full Bar, Restaurant & Dance Floor www.casparinn.com



Route 1/Caspar Mendocino Coast 95

ANNIE'S JUGHANDLE BEACH BED & BREAKFAST INN

Annie's Jughandle Beach Bed & Breakfast Inn is located 5 miles north of Mendocino on Gibney Lane at Jughandle Beach. This charming New England style blue and white 2-story farmhouse dates back to 1883. Your Innkeepers, Michelle and Greg McGuire will make your stay a pleasant experience. Wildflower bordered paths wander behind the Inn as well as into Jughandle State Reserve. Secluded



beaches and spectacular seascapes are a 5 minute stroll from the inn's kitchen door. A full gourmet breakfast is served in the parlor next to the crackling fire. Guests can choose from six rooms in the farmhouse or spacious "barn"; with jacuzzi spa tubs, fireplaces or ocean views.

\$\$\$ANNIE'S JUGHANDLE BEACH BED and BREAKFAST INN

Bed & Breakfast Coast Hwy 1 at 32980 Gibney Lane, Mendocino
7 Rooms, Parlor, Dining Room, Sundeck bordering acres of State Reserves
with Ocean Views. www.jbci.com (707) 964-1415 or 1-800-964-9957 Res.

SHORELINE VACATION RENTALS Inc.

Thanks to Greg Menken and his conscious and caring staff you can choose from a small group of luxurious and romantic vacation rental homes with inspirational views of the Mendocino Coast between Elk, through Mendocino and Fort Bragg to Westport. "We are very careful about choosing our homes," states Greg. "All have the 5 magical ingredients - fireplace or wood stove, hot tub spa, oceanview, privacy and charm." Consequently we provide the setting for people to get in touch with what is important in their lives and many fall in love all over again."



A variety of amenities include fully equipped kitchens, dish washers, washer-dryers, decks and large oceanview picture windows, CD, DVD, VCR & cable TV, phones / internet access. These homes are very supportive environments for personal growth. Homes and cottages are pet and children friendly with gardens and forests to explore, private beaches, on and off-shore birds and wildlife. Homes sleep 2-16 and rent from under \$400 to \$750 for 2 nights!

\$\$\$ SHORELINE VACATION RENTALS Inc. Fax: (707) 964-1463

Luxury Oceanview Vacation Homes 18180 N. Coast Hwy 1, Fort Bragg,
Email: shoreline@mcn.org Real Estate: www.shoreline-homes.com
Rentals: www.shorelinevacations.com 1-888-WHATAVIEW (942-8284)

96 Mendocino Coast Route 1/South Fort Bragg

MENDOCINO COAST BOTANICAL GARDENS

Photo Courtesy, Mendocino Botanical Gardens



Our relationships with plants and animals can bring us great comfort and longevity.

The Mendocino Coast Botanical Gardens were originally created by Ernest and Betty Schoefer in 1960. Through a generous gift from the California Coastal Conservancy, the Mendocino Coast Recreation and Parks District acquired stewardship of the 47 acre gardens.

The temperature range (47 to 63 degrees F), the moderate to high humidity and the over 44 inches of rainfall each year combined with the skills of master gardeners have created a Garden of Eden setting unique to America. As you stroll the

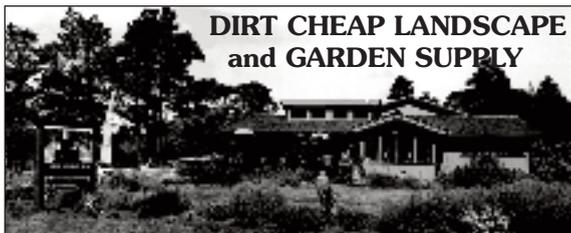
3 miles of trails you will see hundreds of planted native and ornamental species and cultivars: rhododendrons, azaleas, fuchsias, heather and woody plants.

The retail nursery is extremely popular among visitors where unusual and hard to find plants can be purchased. The Garden is a supported entirely by admissions, memberships, plant and gift sales, donations and dedicated volunteers. People constantly remark how good it feels here because the plants are raised in such a loving environment. You can donate or join the Mendocino Coast Botanical Gardens for as little as \$25.

\$ MENDOCINO COAST BOTANICAL GARDENS

Nursery, Giftshop & Cafe 18220 North Coast Hwy 1, Fort Bragg, CA.
Open year around. www.gardenbythesea.org (707) 964-4352

You have visited the Mendocino forests and vineyards and toured the nearby Botanical Gardens. You are amazed at the array of gardens and the plant worshippers who dwell here and its time for



you to get serious about your home or work environment. You are smart and know that the best plants are GMO free and grown organically in living soil with lots of love. Whether your garden is inside or out and it will provide you with beauty, inspiration and health.

Dirt Cheap is for serious to amatur gardeners and farmers who want to grown a few plants or start a farm to feed their friends and loved ones. Owners Scott, Tracy and staff have created a very supportive environment for you. Seeds, plants, tons of organic amendmets, rare earth and fertilizers, water pumps, filters and timers, grow lights, irrigation hose and connections - all the amenities you will need to automate your garden and give you time to pursue your wealth and dreams are at one destination. Expand your plant consciousness and visit the inspirational gift shop and bring questions for the caring and knowledgeable staff to answer.

\$\$\$\$ DIRT CHEAP LANDSCAPE and GARDEN SUPPLY

Nursery and Gift Shop 17975 North Coast Hwy 1, Fort Bragg, CA 95437
Open year around. www.dirtcheapnursery.com (707) 964-4211

Route 1 / South Fort Bragg Mendocino Coast 97

COAST MOTEL and NATURAL HEALING CENTER

New owners of the Coast Motel have turned their facility into a destination for healing from physical imbalances by helping guests to detox and clean out their digestive tracts. The luxury of detoxing at nurturing on-site lodging is the wave of the future for an aging population or those seeking optimal health in a supportive environment of healers and your peers. Amenities include in-room phones, purified water, in-room refrigerator, coffee, private baths, cable color TVs to view self-help



tapes and kitchenettes. Please inquire about the special detox and extended stay rates. Across the highway is the majestic dog-friendly Hare Creek Beach and nearby is Harvest Market with isles overflowing with fresh organic foods. Regular travelers will find the motel is a pleasant stay with rates for two from \$55. There is even a heated swimming pool and 4 acres of wooded back yard to explore.

\$ COAST MOTEL & HEALING CENTER 18661 Highway 1, Fort Bragg
Motel Rooms, Spa & Pool www.mendocinocoastmotel.com (707) 964-2852

Shoreline Cottages offers 11 very cozy rooms fitted with electric fireplace heaters, fully equipped kitchens, tub/showers and very comfortable queen beds. Seasonal rates are \$65 - \$85. Some rooms are pet friendly and great beaches to run your dogs off-leash are nearby.

Call 800-930-2977 or visit www.shoreline-cottage.com



SUB-SURFACE PROGRESSION

One of the more interesting dive shops in northern California is Sub-Surface Progression in Fort Bragg. The rustic redwood interior is decorated with museum piece dive equipment and memorabilia collected from the seven seas - all interspersed with brand new wet suits, aqua lungs, fins, spear guns and nautical gear. As 75% of our body is made up of water and the composition of our blood and the solution in the womb of the unborn is very similar to sea water, it is no wonder we have such an attraction to the sea. The ocean is very much within us, yet for most of our life we are landlocked, and without it. If we learned to dive and fish our trips to the super market and the doctor would be fewer. You'd meet new and interesting friends both above and under the surface as well as explore a beautiful under water world. Proprietor Ken Tallman and his staff are excellent sources of fishing and diving information. A full line of dive gear, wet suits, spear guns, tanks, and underwater accessories are stocked. There is a dive instruction classroom and library. Sub-Surface is open 8am to 6pm weekdays (earlier during super low tides) and 7am - 7pm weekends.

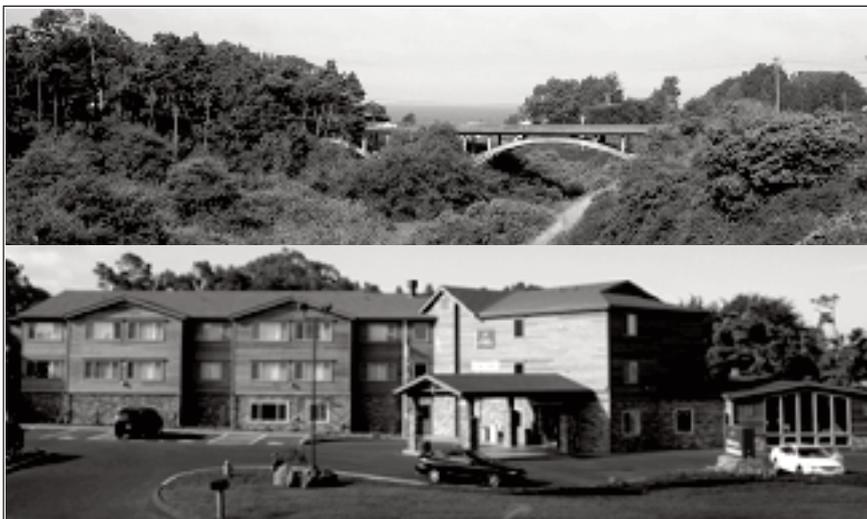
\$\$\$SUB-SURFACE PROGRESSION

Dive Center



18600 Hwy 1, Fort Bragg,
(707) 964-3793 Information

98 Mendocino Coast Junction Hwy 20 & Hwy 1 /Fort Bragg



TOP: Hare Creek Beach is a great place to run your dog. BELOW: The spacious Holiday Inn

HOLIDAY INN EXPRESS

Located at the junction of Highway 20 and State Highway 1 is the three story Holiday Inn Express. Amenities are numerous at his 54 room hotel. There is a elevator to easily move your luggage in and out. Rooms and suites offer king and double queen beds, private bathtub/showers, in-room coffee makers, irons & ironing boards, hair dryers, in-room internet access and phones (local calls free) and cable color TV with over 50 channels. Some rooms have gas fireplaces and verandas with lofty views of Hare Creek canyon and watershed, the distant ocean and historic Hare Creek bridge. Here you can swim and work out to a forest/ocean view. The indoor heated swimming pool and spa with jacuzzi jets is open 6am-10pm daily and the fitness center from 5:30am-11pm. The following morning you can enjoy the large continental breakfast bar with toasters, fresh fruit, juice, coffee, tea, pastries and cereal table side in the common room by the gas hearth.



Bird and wildlife watchers will love the six rooms with cozy verandas overlooking Hare Creek Canyon and watershed. Ospreys (sea eagles) nest in the tops of tall cypress trees across the creek. March - September guests with binoculars have a ringside seat of ospreys carrying ocean fish in their talons to nests of one to two chicks. Sometimes enormous fish break free and fall and the osprey must dive to retrieve the fish flipping around on the forest floor.

Nearby is the world famous Botanical Gardens and across the street is the south entrance to the Noyo Harbor fishing fleet, Thanksgiving Coffee and the Boatyard Shopping Center with Harvest Market, health facilities and restaurants.

\$\$ HOLIDAY INN EXPRESS 250 Highway 20, Fort Bragg, CA. 95437
 Rooms and Suites Major Credit Cards & Stay Smart Priority Club Points
www.hiexpress.com/fortbraggca email: hieftbragg@mcn.org 964-1100

Corner Route 1 & Hwy 20 /Fort Bragg Mendocino Coast 99



HARVEST MARKET

Located in the Boatyard Shopping Center at the junction of Highway 20 and State Highway 1, just south of the Noyo River Bridge and Fort Bragg is Harvest Market. Here you can take the word harvest in its literal sense - for a harvest of local grown, organic, vegetarian and gourmet products line the aisles. Harvest Market is one of the largest ocean view markets on the north

coast. It features a full service deli serving natural and vegetarian selections both at the counter and at their soup, salad and hot food bar. In addition, they have a sushi bar with delicacies created as you watch and a gourmet olive bar located next to the international and domestic artisan cheese counter. The full service meat department features a large assortment of traditional and all natural meats, such as Niman Ranch. The fish market showcases dozens of varieties of ocean and freshwater fish, with a knowledgeable attendant indicating which were caught by Fort Bragg's own Noyo Harbor fishermen. In the produce selection you will find a large selection of organic fruits and vegetables, many grown in Mendocino County. Harvest has



their own bakery, creating fresh baked breads and pastries daily, as well as a

wedding cake decorator on staff. The Harvest Market catering team includes two full-time florists and a wine connoisseur carrying the most complete local Mendocino County wine selection on the coast; boasting a large selection of wines created from organically and biodynamically grown grapes. For natural supplements,

skin and hair care and homeopathy remedies, Harvest has aisles of selections featured in the lobby of the store. Harvest Market is open daily from 5am till 11pm with local delivery available.

\$\$\$ HARVEST MARKET Full Service Grocery & Local Delivery

Boatyard Shopping Center, Corner Highway 20 and State Highway 1,

Deli, Sushi, Natural & Organic Foods

Fort Bragg, CA. 95437

www.harvestmarket.com Deli: (707) 964-3354 Market: (707) 964-7000